

## General Meeting Topic

This month we are making and learning all about tsumami zaiku. Learn how to create these beautiful flowers and take the tools home with you to continue there! Reserve your spot by Feb 28th.

Watch this video if you would like a sneak peek!

<https://www.youtube.com/watch?v=rxl0X59shn8>



### When and where:

Meet in the large meeting room (next to the cafe) at **10:15 - 12:15**

Aichi International Association in Aichi International Plaza.

### Guests:

Guests and children are welcome. Guest fee is 500 yen

### Address:

Aichi International Plaza  
2 Chome-6-1 Sannomaru, Naka Ward, Nagoya, Aichi 460-0001  
1st Floor Large Meeting Room  
5-minute walk from Nagoyajo Station, Exit 5,  
(Purple / Meijo Line)  
-Free parking spaces are available



## Message from the Board Members

Hi, ladies,  
My name is  
Fumika Kusano.



I am a  
Vice President  
this year, 2024.

Since it's my second year, I'll be able to spend even more wonderful time with everyone.

Fortunately, the number of members is slowly returning, and last year's Hilton Luncheon Party was very successful and wonderful.

Thank you for your participation. This year, we are considering having a slightly different party.

Also, we are planning a variety of fun for international exchanges this year. I would be happy if you could participate.

I sincerely wish everyone a wonderful year through CCEA 2024

Sincerely,  
Fumika Kusano

## SNEAK PEEK - April General Meeting

We will be having a BBQ and viewing the cherry blossoms!

We will be renting BBQ space all day from 10am until 4pm. Guests and family are welcome to join. The fee is 1700 yen per adult. We will be providing the bbq space and utensils. Bring food to bbq or side dishes to share. Please make your reservation and pay by the March General meeting, or to a board member..

*If you have any topics you would like to share during our General Meetings this year, email us at [nagoyaccead@gmail.com](mailto:nagoyaccead@gmail.com)*

## SAVE THE DATE - IMPORTANT REMINDERS

### General Meeting:

March 1, April 5, May 10, June 7  
September 6, October 4, November 8

### Board Meeting:

March 8, April 12, May 17,  
June 14, August 16, September 13,  
October 11, November 15, December 13

### Holiday Luncheon:

December 6th

### Book Club:

March 4th

### Photography Club:

March 7th

### Ikebana and Calligraphy:

March 30th

### Crochet and Turkish Oya

March 22nd

### Restaurant Hunters

March 18th

### Arts Club

March 11

### Happy Hour Hunters:

March 1st, March 8th

### Yamato-E:

March 14th & 29th

### Day Trips:

March 6th

### Kimekomi:

March 27th

### Pilates:

March 25th

### Language exchange

March 12th

### Community Service

TBA

## MARCH BIRTHDAY ANNOUNCEMENTS

Guncha 3/5



### CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

**Meets:** March 22nd 4:00-5:30

**Place:** Omurs's house

For more information please contact:

Omur - [omurjapan@gmail.com](mailto:omurjapan@gmail.com)

Jean - [jealo\\_zemper@yahoo.com](mailto:jealo_zemper@yahoo.com)

### COMMUNITY SERVICE

Let's work together and give back to our local communities!

**Meets:** TBA

**Place:** TBA

For more information please contact:

Crystal Davila [nickcrys@sbcglobal.net](mailto:nickcrys@sbcglobal.net)

### LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversations in each language. Everyone / any level is welcome.

**Meets:** : March 12th 10:30-11:30

**Place:** Nagoya International Center

For more information contact:

Jenny Loveridge [jenny.loveridge@gmail.com](mailto:jenny.loveridge@gmail.com)

## BOOK & ART CLUB

### *“Territory of Light”*

By Yuko Tsushima

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

**Meets:** 10am-11:30am, March 4th

**Place:** Aichi International Plaza 1st Floor Large Meeting Room

-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)

-Free parking spaces are available

For more information please contact:

Helen Saito: [lanisaito@gmail.com](mailto:lanisaito@gmail.com)

Shuuko Adachi: [shuukosaku@gmail.com](mailto:shuukosaku@gmail.com)

## HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

**Meets:** March 6th

**Place:** TBA

For more information please contact:

Yenling Chou: [kenyachou123@gmail.com](mailto:kenyachou123@gmail.com)

Kerry Holdcroft: [kpruce@gmail.com](mailto:kpruce@gmail.com)

## IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

**Meets:** March 30th

**Place:** 10am

**Fee:** ¥2,200-2,380

For more information please contact:

Ikebana Class CCEA - FB Group

[nagoyacceagmail.com](mailto:nagoyacceagmail.com)

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic.

Class is limited to 3 persons.

**Meets:** March 30th

**Place:** 11am

**Fee:** ¥1100

For more information please contact:

Calligraphy Class CCEA - FB Group

[nagoyacceagmail.com](mailto:nagoyacceagmail.com)

## YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

**Meets:** 10:30am-12:30, March 14th & 29

**Place:** TBA

**Fee:** ¥300

For more information please contact:

Yoko Koda: [yokoyamatoe@i.softbank.jp](mailto:yokoyamatoe@i.softbank.jp)

## HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

**Meets:** 6:00pm-8:00pm, March 1st & 8th

**Place:** TBA

For more information please contact:

Gwyn Wilson: [shadow.frau@gmail.com](mailto:shadow.frau@gmail.com)

Ayuko Horibe: [iyoucoco@gmail.com](mailto:iyoucoco@gmail.com)

## PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

**Meets:** March 25th 10:30-11:30

**Place:** Zoom

For more information please contact:

Misako Tamimoto:

[lodgemireens@hotmail.com](mailto:lodgemireens@hotmail.com)

## RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

**Meets:** March 18th

**Place:** TBA

For more information please contact:

Samantha Brunner

[samnkoon@gmail.com](mailto:samnkoon@gmail.com)

## TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

**Meets:** TBA

**Place:** TBA

For more information please contact:

Omur Certin: [omurjapan@gmail.com](mailto:omurjapan@gmail.com)

## PHOTOGRAPHY

Would you like to go out with your camera? It doesn't matter if it's an SLR camera or a smartphone camera. Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

**Meets:** March 7th

**Place:** TBA

For more information please contact:

Chihiro Okuno [stepupchihiroo@gmail.com](mailto:stepupchihiroo@gmail.com)

## KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.

*For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.*

**Meets:** 10am-noon, March 27th

**Place:** Jenny's House

For more information please contact:

Jenny Loveridge [jenny.loveridge@gmail.com](mailto:jenny.loveridge@gmail.com)

## SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

**Meets:** March 24th

**Place:** TBA

For more information please contact:

Manya Shorr [manyadanielle@gmail.com](mailto:manyadanielle@gmail.com)





## BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at [nagoyaccea@gmail.com](mailto:nagoyaccea@gmail.com)

## MARCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				<b>General Meeting</b> 10:15am-1pm  <b>Happy Hour Hunters</b> 6pm-8pm
4	5	6	7	8
<b>Book Club</b> 10am-11:30am		<b>Day Trip</b> 9:30am-2pm	<b>Photography</b> 10am-11:30am	<b>Board Meeting</b> 10:00am-1pm  <b>Happy Hour Hunters</b> 6pm-8pm
11	12	13	14	15
<b>Art Club</b> 10am-11:30am	<b>Language Exchange</b> 10am-noon		<b>Yamato-e</b> 10am-noon	
18	19	20	21	22
<b>Restaurant Hunters</b> 11am-1pm				<b>Crochet and Oya</b> 4:00 – 5:30pm
				24
				<b>Sports</b> TBA
25	26	27	28	29
<b>Pilates</b> 10:30am-11:30am		<b>Kimekomi</b> 10am-noon		<b>Yamato-e</b> 10am-noon
				30
				<b>Ikebana</b> 10am-11am <b>Calligraphy</b> 11am-noon

## BOARD MEMBERS

**President:** Gwyn Wilson  
**Vice President:** Fumika Kusano  
**Program Coordinators:**  
 Wetty Tokuhisa, Samantha Brunner  
 Crystal Davila  
**Membership Coordinators:**  
 Rasita Craig

**Financial Coordinators:** Sakiko Kato  
**Administrator:**  
**Marketing Coordinators:** Kerry Holdcroft  
**Recruitment Coordinators:**  
**Catering Coordinators:**  
 Naomi Hasegawa, Chihiro Okuno

If you are interested in volunteering as a Board Member this year, please contact us for more info!  
[nagoyaccea@gmail.com](mailto:nagoyaccea@gmail.com)